

### Could your gut microbiome be at risk?

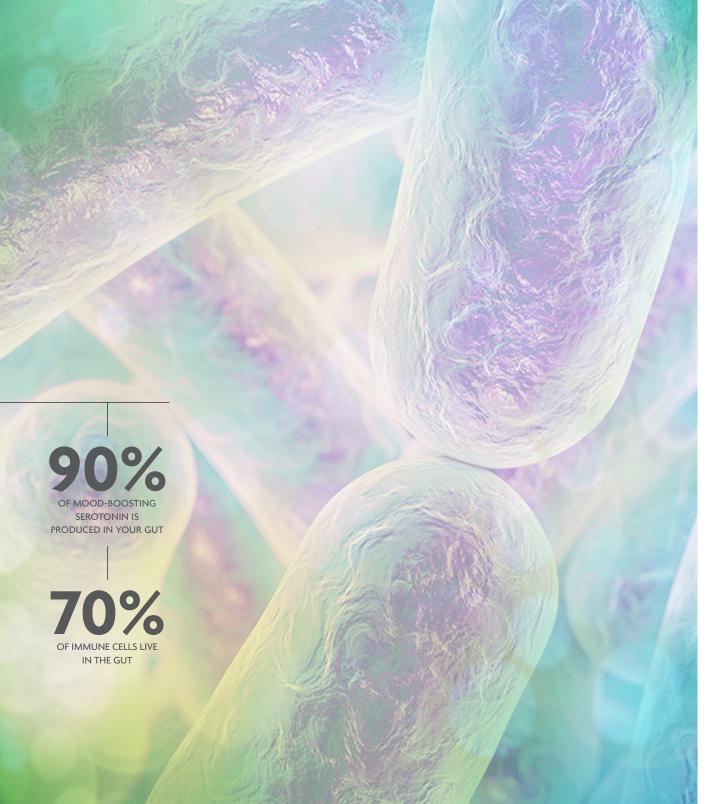
(The answer might surprise you.)

Your microbiome — the good and bad microbes living in and on your body — has a big impact on your health, and it's under attack every day. Our modern diet, stress, poor sleep, environmental assaults and overuse of antibiotics damage the beneficial microbes in your gut, putting your microbiome at risk. In fact, sixty percent (60%) of Americans live in a state of dysbiosis, which means bad microbes have taken over, causing your gut microbiome to get out of balance.

The good news is that probiotics can help restore gut balance and help optimize your health.

Studies show that probiotics inhibit harmful microbes, aid digestion and nutrient absorption, contribute to immune function, help your metabolism, and even improve your mood.\*





## Your gut affects your health ...

### 70% of immune cells live in the gut.

Gut microbes keep us healthy by training our immune system to fight off invaders. This boosts your body's ability to deal with toxins, allergens or harmful microorganisms.

### ... and your happiness.

### 90% of mood-boosting serotonin is produced in your gut.

Gut microbes play an important role in the production of neurotransmitters like GABA, dopamine, and mood-boosting serotonin. Good microbes have the ability to reduce feelings of stress and anxiety.

# Health and happiness begin in the gut.

Introducing Plexus® VitalBiome™ — a revolutionary probiotic supplement with clinically demonstrated ingredients that help improve your health and your mood! Its exceptional formula delivers probiotic strains that helps rebalance your gut microbiome and can dramatically improve your health and happiness. No other product can say the same!\*

You'll feel the difference—guaranteed!

VitalBiome's probiotic strains have been clinically shown to help:

### Health

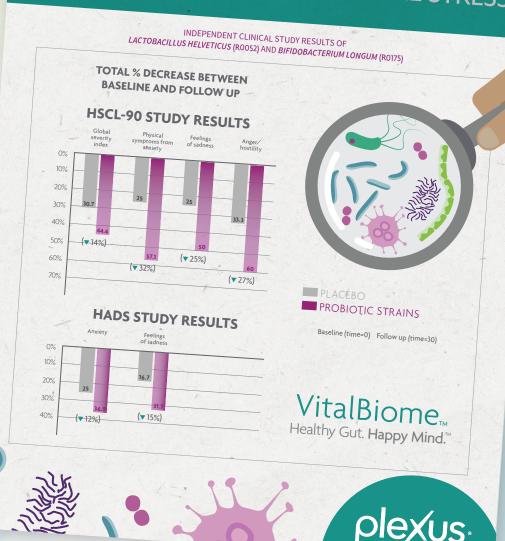
- Restore balance of healthy microbes\*
- Reduce GI distress\*
- Reduce bloating and abdominal discomfort\*
- Improve digestion and regularity\*
- Improve immune system health\*

### **Happiness**

- $\bullet$  Reduce feelings of stress and anxiety  $\!\!\!\!\!^*$
- Promote relaxation\*
- Improve mood\*



## CLINICAL STUDY REDUCTION OF PSYCHOLOGICAL STRESS





### The right choice.

VitalBiome<sub>TM</sub> gives your anxious gut exactly what it needs to combat life's daily stresses making it the best, most comprehensive probiotic supplement for intensive gut microbiome support.\*

### The Right Ingredients

- Eight diverse strains researched and proven probiotic strains supported by 279 scientific studies
- Gluten free, Non-GMO, 100% Vegetarian

### The Right Potency

- 20 Billion Live Probiotics<sup>^</sup> (CFU)
- Clinically studied levels of probiotics even at the time of expiration

### The Right Protection

• Delayed Release Capsule – helps protect living organisms from stomach acid

At time of manufacture.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

